Duke Asthma, Allergy and Airway Center

The following is a list of medications that you should not take prior to allergy testing. Please read carefully as the following medications will interfere with allergy testing. The length of time you need to stop the medications is also listed to ensure testing will be accurate.

Stop the following medications **one week (7 days)** prior to testing:

- Allegra and Allegra-D (Fexofenadine)
- Astelin (Azelastine)
- Astepro
- Atarax (Hydroxyzine)
- Clarinex and Clarinex D
- Claritin and Claritin-D (Loratidine)
- Doxepin
- Optivar
- Patanase
- Periactin (Cyproheptadine)
- Tavist (Clemastine)
- Xyzal
- Zyrtec (Cetirizine)

Stop the following medications **3 days** prior to testing:

- Axid
- Benadryl (Diphenhydramine)
- Chlor-Trimeton (Chlorpheniramine)
- Cimetidine
- Dimetapp (Brompheniramine)
- Pepcid
- Phenergan (Promethazine)
- Prochlorperazine (Compazine)
- Sominex
- Tagamet
- Tylenol PM
- Unisom
- Zantac (Ranitidine)

*All over-the-counter antihistamines and decongestants*

Stop the following medications **at midnight the day prior** to testing:

- Accolate (Zafirlukast)
- Reglan (Metoclopramide)
- Singulair (Montelukast)
- Zyflo (Zileutin)

*Other medications such as anti-depressants or anti-anxiety medications may also interfere with allergy testing. These medications should be stopped 7-14 days prior to your testing, only with your prescribing physician’s approval.

***If you are being seen for chronic hives you do not have to stop your antihistamines***

If you have any questions or concerns regarding any medications listed or not listed, please call our office at (919) 620-7300 and press option 2 to speak with a nurse. Please contact your insurance company prior to your appointment to see if allergy testing is a covered benefit. Please provide them with the CPT code 95004.